# ikifood we shape health

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# ikifood nutraceuticals have the taste of health

ikifood nutraceutical are a natural wellness choice. Science allows us to identify the natural elements that help our **well-being** and ikifood make them ingredients to savor. A targeted and functional integration of food guided by the most careful and current research. For companies, ikifood is professionalism, innovation and customization. For consumers, ikifood is a way of caring for themselves every day in safety and health



The most beautiful of food is enjoyed with the freshest ingredients, delicately enhanced by seasoning

### Understanding Miso

From the 7th Century, Miso has been an integral part of Japanese food culture as a natural healthy food and seasoning with added health benefits. In 1662, Arimasa Miyasaka, the 12th generation of the Miyasaka family, began the business with the art of brewing sake. In 1916 they started the product of Miso.

Miso is produced from rice, soybean, or barley, either singly or in combination. Ikifood Miso powder the perfect combination of fermented rice and soybean. The rice is steamed cooked and after cooling it is inoculated with the culture fungi, Aspergillus Oryzae, and fermented for a period of time. The fermented rice Koji is then mixed with the steamed soybeans and brine, then it is allowed to age to develop the characteristic colour and the unique deep flavour profile. The Miso is then freeze dried, creating the Ikifood Miso powder



# Ikifood White (Shiro) Miso Powder

**Description:** Fermented soy and rice miso, based on the traditional Japanese Miso paste

Country of Origin: Japan

Packing: 15kg carton with aluminium inner bag

Shelf Life: 12 months from date of manufacture

#### Non-GMO External Characteristics:

Appearance: White Miso - yellow-brown powder Solubility: Water dispersible Taste: Savoury Odour: Typical Miso

#### Composition (typical values):

Soybean (non- GMO)	Country of origin: <b>US and Canada</b>	57.5 %±4%
Rice (Oryza sativa)	Country of origin: Japan	18.5 %±4%
Salt (NaCI)	Country of origin: Japan	24%±4%
Vitamin B2:		(0.0016%)

- 🧭 Vegan suitable
- ✓ Lactose free
- 🧭 Gluten free
- 🛞 Allergen Soy



*Our Red Miso Powder compliments richer dishes such as griddled red meat* 



**Description:** Fermented soy and rice miso, based on the traditional Japanese Miso paste

Country of Origin: Japan

Packing: 15kg carton with aluminium inner bag

Shelf Life: 12 months from date of manufacture

Non-GMO External Characteristics:

Appearance: Pale red-brown powder Solubility: Water dispersible Taste: Savoury Odour: Typical Miso

#### Composition (typical values):

Soybean (non- GMO)	Country of origin: <b>US and Canada</b>	57.5 %±4%
Rice (Oryza sativa)	Country of origin: Japan	18.5 %±4%
Salt (NaCI)	Country of origin: Japan	24%±4%

- ✓ Vegan suitable
- ✓ Lactose free
- 🧭 Gluten free
- 🛞 Allergen Soy





## Packaging

## Applications

#### Weight per unit (g)

Aluminium bag: **86g** Cardboard carton: **540g** Net Weight including contents: **15kg** Gross Weight: **15.86kg** Dimensions: **40 x 25 x 25cbm** Pallet: Gross weight: **531kg** Outside measurements: **1.1x1.1x0.96m** Japanese manufacturers are certified ISO 22000

- ✓ Vegan suitable
- 🧭 Lactose free
- ✓ Gluten free
- 🧭 Reduces salt
- ✓ Replaces MSG
- Flavour enhancer producing the umami
- 🏵 taste Allergen: Soy

#### Ready meals:

- More taste and depth of flavour
- Less salt
- On trend
- Replaces MSG

#### Soups:

- Improved taste and flavour
- Less salt
- On trend

#### Sauces:

- Great taste and flavour
- Less salt
- On trend
- Replaced MSG

#### **Burgers:**

Increased meaty taste

#### Meat balls:

- Less salt
- Tenderising effect
- Maillard reaction

#### Sausages:

- Improved taste
- Less salt
- Tenderizing effect

#### Chicken:

- Improved taste and depth of flavour
- Less Salt
- Tenderising effect
- Salt reduction when brined
- Improved Maillard reaction (Rotisserie)

#### Bacon:

- Improved taste
- and depth of flavour
- Less salt
- Potential nitrate reduction
- Tenderizer
- Salt reduction in brine for injection method
- Smoked Miso creates the smoked bacon flavour (Miso cured bacon dry cure and injection)

#### Fish:

- Improved taste and flavour
- Less salt
- Tenderiser on squid and other more fibrous fish

#### Brine Trial: Chicken thighs cooked at 190 C for 23 mins



**5% salt brine** - 'salty' in flavour no colouration on skin standard cooked chicken texture



2.5% miso 1% salt - Good even skin colouration, slightly lacking in 'seasoned' flavour, slightly improved texture

2.4 % miso 2.5% salt - Even skin colouration, well 'seasoned' with a nautral buttery note, texture was moist and retained juices



**5% miso** - A more rustic 'roasted' skin colouration, very juicy texture, lacked in seasoning

#### **Recommended Dosage Rates:**

Dosage rates for various applications offering salt reduction and flavour enhancement.

Soups - 2.4% Sauces - 2.4% Savoury biscuits - 2.8% Raw meat mixes - 2.4% Coating for nuts - 15% Rubs for meat and fish - 28% Miso stock (water dilution) - 13% To create a fresh Miso paste as a replacement for commercial Miso paste: blend 85g of Red miso with 100g water and use as required in recipes where Miso paste is featured.

#### Coatings:

- Improved taste and flavour
- Less salt
- Maillard reaction

#### Marinades:

- Improved taste and flavour
- Less salt
- Tenderizer

#### Rubs:

- Improved taste and flavour
- Less salt
- Maillard reaction

#### Bread:

- Improved taste and flavour
- Less salt
- Improved volume
- Increased Maillard reaction

## Material Safety Data Sheet Product - Miso (fermented soya)

#### Part 1.

#### **Supplier Information**

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#### Part 2.

Composition / Information on ingredients Physical state: Yellow/brown color powder Common name: Miso Origin: Japan

#### Part 3.

Hazard information Physicial and Chemical hazards: None Environment hazards: None Adverse human health effects: None Specific hazards: None

#### Part 4.

First Aid measures Inhalation: The product is not dangerous by inhalation Skin contact: The product is not dangerous by inhalation Eye contact: The product is not dangerous. Flush with water Ingestion: The product is not dangerous by ingestion

#### Part 5.

Fire fighting measures Suitable fire extinguishing media: Water spray Nonsuitable media: None Special protective equipment: None Additional information: None

#### Part 6.

Accidental release measures Not harmful, no special measures required

#### Part 7.

Handling and storage Suitable storage media: Aluminum bag in carton box Recommendations: Avoid high temperature, humidity, long storage time Storage: Store in dry and tight place

#### Part 8.

## Exposure control / personal protection

Respiratory protection: Dust mask should be used Hand protection: Chemically compatible gloves Eye protection: Safety glasses or goggles

Skin protection: Protect exposed skin General hygiene: Protect exposed skin

#### Part 9.

Physical and chemical properties Physical state: Powder Colour: Brown Odour and taste: Characteristic Explosive properties: None Solubility: In water and oil

#### Part 10.

Stability and reactivity Stability: Stable product at normal conditions of pressure and temperature, no reactions expected Conditions to avoid: High temperature and humidity Materials to avoid: Iron, Copper Hazardous decomposition: None Part 11. Toxicological information Non toxic

Part 12. Ecological information None

Part 13. Disposal considerations None

#### Part 14. Transport information

This product is not classified as dangerous for the road, sea and air transportation

#### Part 15.

**Regulatory information** Avoid high temperature and high humidity

#### Part 16:

Other information None

This safety data sheet information is considered to be true and correct at the present time. Nevertheless, the data supplied and recommendations can not be taken as a guarantee. As the use conditions of the product are out of our company control, it is the responsibility of the users to determine the safety of the use conditions. Furthermore, this information does not represent technical specifications; there is a technical data sheet for these purposes



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